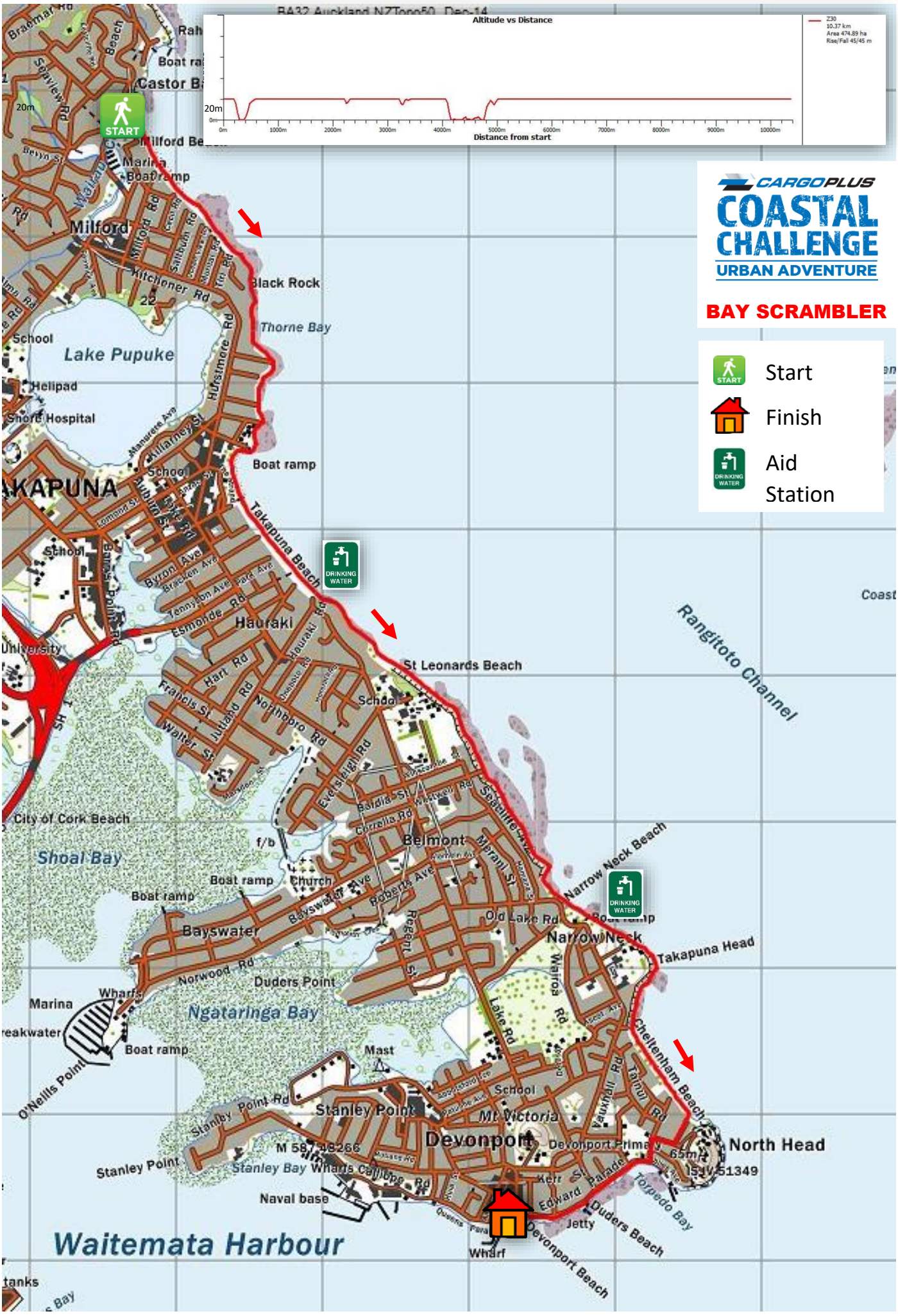

Altitude vs Distance
Distance from start
CARGOPLUS
COASTAL CHALLENGE
URBAN ADVENTURE
BAY SCRAMBLER
Start
Finish
Aid Station
START
DRINKING WATER
Milford
Lake Pupuke
Black Rock
Thorne Bay
Boat ramp
Takapuna Beach
Hauraki
St Leonards Beach
Rangitoto Channel
City of Cork Beach
Shoal Bay
Belmont
Narrow Neck Beach
Narrow Neck
Takapuna Head
Bayswater
Duders Point
Ngataringa Bay
Marina
Stanley Point
Devonport
Mt Victoria
North Head
Cheltenham Beach
Naval base
Waitemata Harbour
Wharf
Devonport Beach
Duders Beach
Torpedo Bay