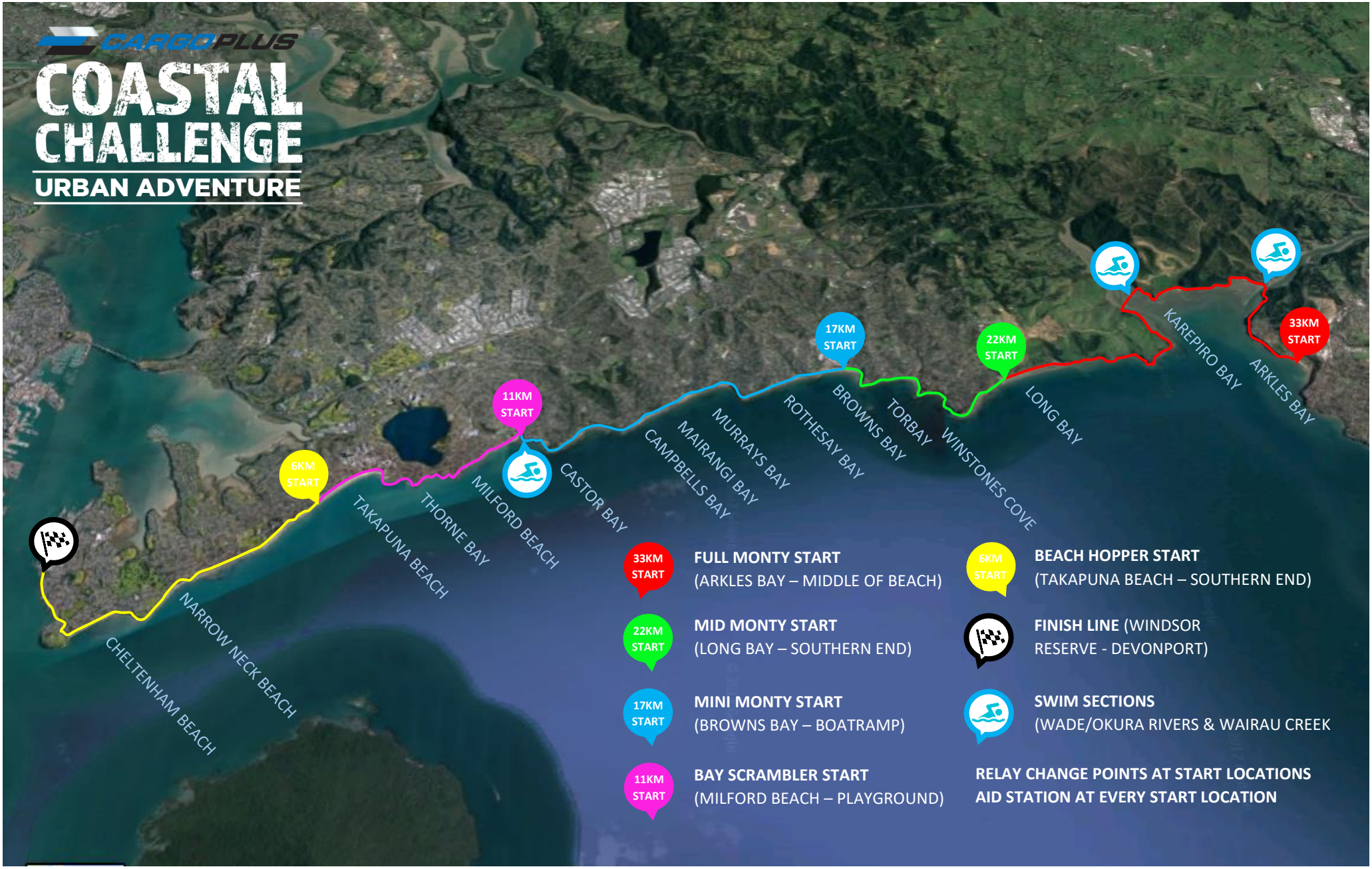
CARGOPLUS
COASTAL CHALLENGE
URBAN ADVENTURE
6KM START
11KM START
17KM START
22KM START
33KM START
CHELTENHAM BEACH
NARROW NECK BEACH
TAKAPUNA BEACH
THORNE BAY
MILFORD BEACH
CASTOR BAY
CAMPBELLS BAY
MAIRANGI BAY
MURRAYS BAY
ROTHESAY BAY
BROWNS BAY
TORBAY
WINSTONES COVE
LONG BAY
KAREPIRO BAY
ARKLES BAY
33KM START
FULL MONTY START
(ARKLES BAY – MIDDLE OF BEACH)
22KM START
MID MONTY START
(LONG BAY – SOUTHERN END)
17KM START
MINI MONTY START
(BROWNS BAY – BOATRAMP)
11KM START
BAY SCRAMBLER START
(MILFORD BEACH – PLAYGROUND)
6KM START
BEACH HOPPER START
(TAKAPUNA BEACH – SOUTHERN END)
FINISH LINE (WINDSOR RESERVE - DEVONPORT)
SWIM SECTIONS
(WADE/OKURA RIVERS & WAIRAU CREEK
RELAY CHANGE POINTS AT START LOCATIONS
AID STATION AT EVERY START LOCATION